



COVID-19 Pandemic School Opening & Safety Plan



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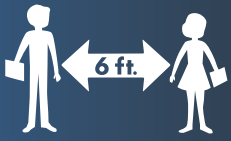
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This document was first published in August 2020, and updated in February 2021. The school district partners with local, regional, state and federal agencies to make decisions about school openings, distance learning and safety protocols. Some information in this document may be subject to change due to the evolving pandemic situation. To find ongoing updates on LBUSD's coronavirus response measures, visit lbschools.net/coronavirus.



A Message from Superintendent Jill Baker, Ed. D.

Board of Education

Diana Craighead, President • Megan Kerr, Vice President • Juan Benitez • Erik Miller • Douglas Otto

Dear LBUSD Community,

We miss all of you, and we know that recent months have been challenging for everyone. While many questions remain about the future, we remain steadfast in our commitment to students. Our educators and support staff have diligently prepared the best possible learning options for our students while keeping safety as our top priority. Multiple task forces and advisory groups have convened dozens of meetings and reviewed thousands of responses from staff and family surveys. Our team continues to consider the evolving guidance from state and local health and education agencies, and we have collaborated with LBUSD's Board of Education to offer a comprehensive COVID-19 Pandemic School Opening and Safety Plan.

This plan calls for providing rigorous, high quality instruction while ensuring a safe environment for students, staff and the community. We know that a variety of educational options and contingency plans are needed to ensure excellence and equity during this rapidly changing global health crisis. Our plan includes the appropriate safety precautions and a clear outline of our educational options for both traditional schooling and distance learning.

Throughout the coronavirus pandemic, our actions have aligned with guidance for schools and classrooms from the California Department of Public Health, Los Angeles County Department of Public Health, Los Angeles County Office of Education, and Long Beach Department of Health and Human Services. The safety protocols and procedures outlined in this plan will help to reduce risk. No single action can completely eliminate the risk of novel coronavirus transmission, but the concerted implementation of several protocols can greatly reduce the risk.

By now, most of our families have received information to help them select the best learning options for their children. As the pandemic crisis unfolds, families may also wish to use this plan as a reference guide. Parents and guardians also should be sure that their contact information is updated in ParentVUE so that they receive regular updates by email, phone and text. For information on ParentVUE, go to Parents and then ParentVUE at lbschools.net.

Thank you for your continued support as we prepare for the upcoming academic year, and for entrusting your child's education to our dedicated team of educators. We also thank the members who have served on our school opening advisory committees for their tremendous efforts and contributions to this plan.

Together we will get through this difficult time. Take good care.

With students in mind,

Superintendent of Schools

#proudtobeLBUSD
#ChiefEncourager



Health and Safety Protocols

The health and safety of our students, staff and families is of the utmost importance. When students return for in-person instruction, schools will look much different due to new health and safety measures. This plan to reopen schools is based on current guidance from public health officials and state agencies and will be updated as the situation evolves.

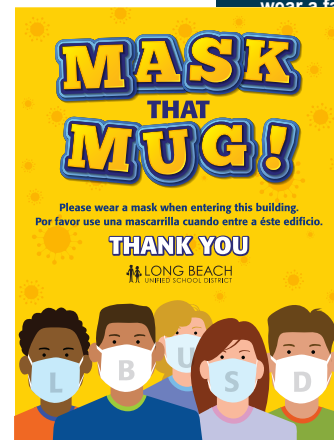
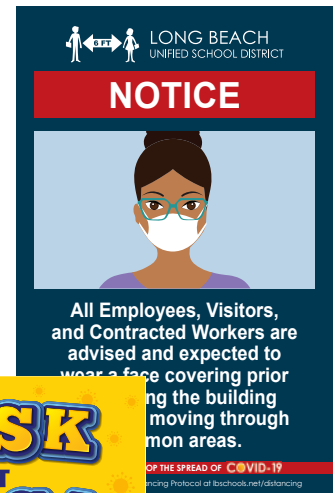
Supplies & Protective Equipment

The following items are being set up at each school site:

- Directional walkways and stairs where appropriate
- Messaging signs and floor stickers to reinforce social distancing
- Hand sanitizer at entry points, common areas and every classroom
- Maximum Occupancy signs based on social distancing requirements
- Best practices posters

The following items are being sent to schools based upon student enrollment and staff numbers:

- Cloth mask - child
- Cloth mask - adult
- Clear mask - adult for selected staff
- Clear mask - child for selected students
- Disposable mask - child
- Disposable mask - adult
- N95/KN95 masks for selected staff
- Face shields for selected staff
- Hand sanitizer
- Disposable gloves for selected staff
- Gowns for selected staff
- Cleaning wipes
- Contactless thermometers (one per entry point)



Daily Pre-Screening for Symptoms at Home

Parents are strongly encouraged to monitor temperatures and symptoms daily before going to school. Please check daily for the following symptoms:

- Fever of 100.4°F or higher
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Chills, fatigue, muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea
- Vomiting or diarrhea

Students and Families

- Students and adults experiencing symptoms listed MUST not attend school. This includes anyone with a fever of 100.4°F or higher.
- Student absences related to personal illness, quarantine and COVID-19 illness or symptoms will be excused.
- Students seeking testing due to exposure or symptoms of illness MUST stay home until they receive their results.
- Families should contact the school attendance office about their child's absence.

Staff

- Staff members are required to have their temperatures taken prior to beginning work.
- Staff must contact their school administrators regarding their absences.
- Staff seeking testing due to exposure or symptoms of illness MUST stay home until they receive their results.

Face Covering & Personal Protective Equipment (PPE)

In accordance with the California Department of Public Health's (CDPH) Guidance, students and staff are expected to wear face coverings. Students must use face coverings:

- While in the classroom
- While waiting to enter campus
- While on school grounds (except when eating, drinking or playing)
- While entering and exiting school
- While on the bus, as tolerable by student

Face coverings will be made available to staff and students, but it is highly encouraged for staff and students to bring their own face covering. Personal face coverings will be allowed in compliance with dress code policies.

- Identified teachers and staff members will receive additional Personal Protective Equipment (PPE) as needed.
- Gloves are not recommended for use by students or staff, with the exception of those conducting cleaning, first aid/medical procedures or food service.

Age	Face Covering Requirement
Under 2 years old	No
2 years old–2nd grade	Yes and under supervision, unless exempt
3rd grade–High School	Yes, unless exempt

Arrival at School

- Students and staff members will be required to wear face coverings and will be health screened upon arrival. Screening will include a contactless temperature check, and several screening questions will be asked.
- School sites will designate routes and specific locations for entry and exit in order to limit direct contact with others.
- School sites will have signage throughout campus to remind students and staff about wearing face coverings, social distancing and hand washing.
- Parents and visitors will have limited access to school campuses until further notice.

Other Safety Considerations

- Staff members will complete training about COVID-19 protocols.
- Common high touch surfaces will be cleaned and sanitized regularly (e.g. countertops, door handles, restrooms, student desks, student chairs).
- Staff and students will be expected to wash/sanitize their hands regularly.
- Schools will limit sharing of supplies between students to the extent possible and encourage students to take home personal items for cleaning daily.
- Playground equipment if used will be regularly inspected and cleaned for student use.
- Staff who work at multiple locations will be pre-screened daily at their first work location and will receive a daily sticker/badge that shows they are cleared to enter the other work sites.

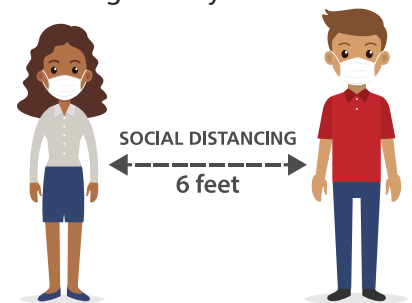
CARE Rooms

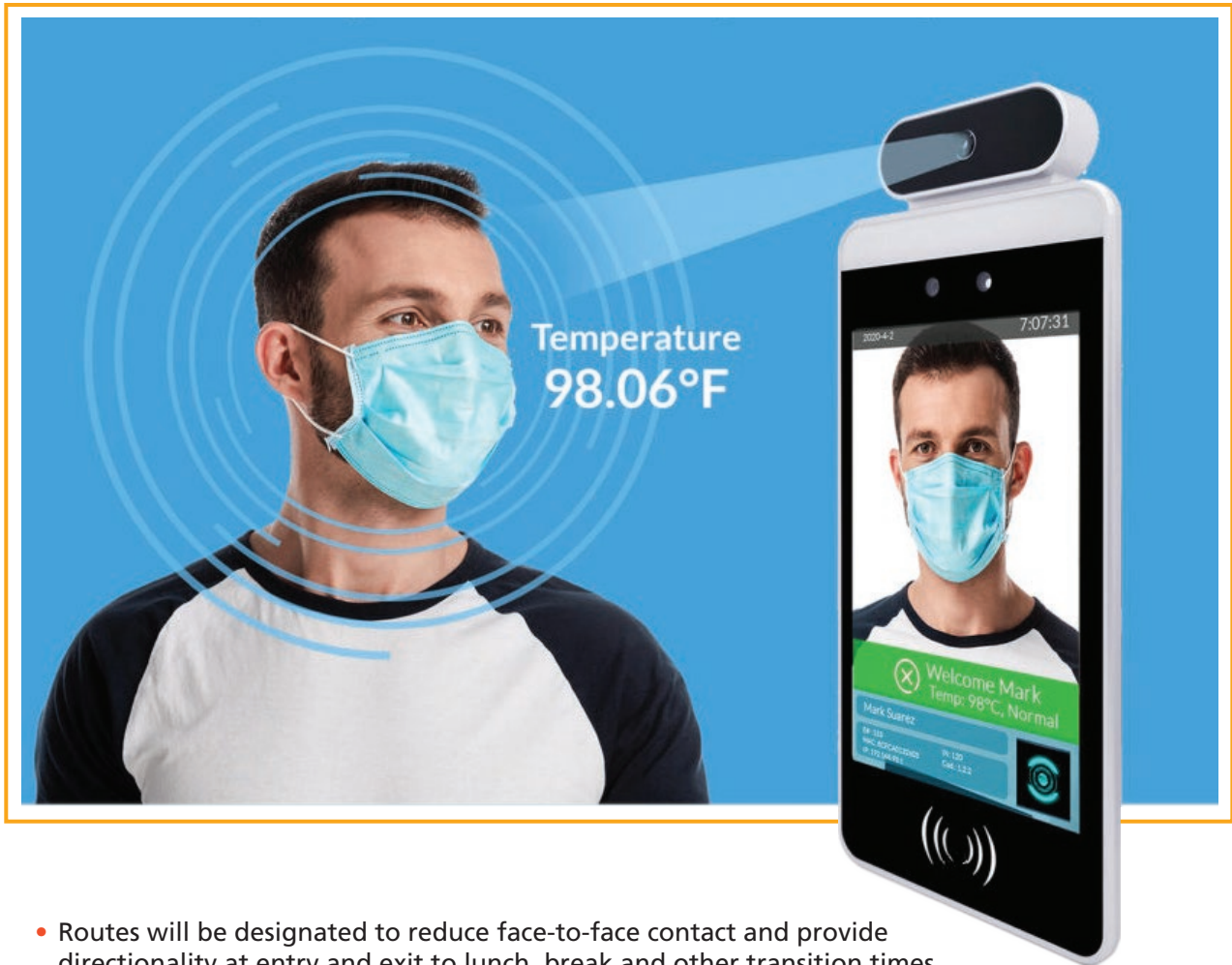
- Every campus will have a designated COVID Assessment, Response and Evaluation (CARE) Room for sick students when schools reopen.
- The CARE Room will be staffed with designated trained staff.
- CARE Room staff will wear appropriate PPE such as a gown, medical grade mask, face shield or goggles and disposable gloves.
- If a student is found to have COVID-19 symptoms when entering campus or during the school day, he/she will be sent to the CARE Room.
- A staff member will contact the parent/guardian to come pick-up the student right away.

Implementing Social Distancing

Social distancing will limit the spread of the virus. Schools will adhere to the following strategies to maintain social distancing as much as possible:

- Minimize contact at school between students, staff, families and the community at the beginning and end of the school day. Unnecessary contact between adults will be minimized at all times.
- During regular school hours, school sites will restrict non-essential visitors, volunteers and activities involving groups. School community members are asked to call the school office for routine business rather than visiting. Appointments will be available for essential non-routine school business.
- Minimize movement of students and teachers or staff as much as practicable.
- Eliminate large gatherings such as assemblies, award ceremonies and performances and implement virtual events for families instead of on-campus gatherings for widely attended events such as Back-to-School Night and Open House.





- Routes will be designated to reduce face-to-face contact and provide directionality at entry and exit to lunch, break and other transition times.
- Staggered schedules for restroom breaks and hand washing.
- Modifications to instructional schedules, lunch and break protocols to reduce concentration of students and build stable cohorts.
- School Meal Services -
 - » Grab-and-go meals may be offered during distance learning. For students learning in person on hybrid schedules, meals also may be grab-and-go at participating schools with pickup at dismissal. Schedules and meal sites are subject to change, and additional information will be communicated.
- Hold breaks and play activities in separate areas designated by class.
- Each campus will have a designated CARE Room to hold students who show symptoms while at school.

Inside Classrooms

- Classroom space will be arranged to remove nonessential furniture, allowing maximum space for students and staff.
- Student desks will be spaced six feet apart.



COVID-19 Testing and Reporting

COUNTY OF LOS ANGELES DEPARTMENT OF PUBLIC HEALTH

Close Contact:

A close contact is defined as a person who is less than 6 feet from a case for a cumulative total of 15 minutes or more over a 24-hour period.

Cohort:

A cohort is a stable group with fixed membership that stays together for all courses and activities (e.g., lunch, breaks, etc.) and avoids contact with other persons or cohorts.

Action Guidelines*

Student or staff with COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing, chills, muscle pain, sore throat, nausea, vomiting or diarrhea):

- Students with symptoms will be placed in the school site CARE Room while awaiting pick-up.
- Staff with symptoms will immediately be released to go home to isolate.
- Recommend COVID-Testing
- Persons with symptoms of COVID-19 must remain isolated until:
 - » At least **10 days** have passed since symptom first appeared; AND
 - » At least **24 hours** have passed since resolution of fever without the use of fever-reducing medications; AND
 - » Other symptoms have improved.
- No communication is sent to classrooms or the school community if there were no “close contacts” identified.

Student or staff with close contact or cohabitating with a confirmed COVID-19 case

- Students will be placed in the school site CARE Room while awaiting pick-up.
- Staff will immediately be released to go home to isolate.
- Quarantine for 10 days from last exposure.
- Recommend COVID-testing.
- Any student(s) or staff who have had close contact with an individual who has screened positive are instructed to return home to self-quarantine as required by the Health Officer Order of July 23, 2020.
- Students and employees that are identified to have an exposure to a case on campus are notified by the site through a letter or other communication strategies.

Staff or student with confirmed COVID-19 case infection:

- Notify the Long Beach Health Department for >2 cases or as needed.
- Persons with COVID-19 who are **symptomatic** may discontinue isolation when:
 - » At least **10 days** have passed since symptom onset; AND
 - » At least **24 hours** have passed since resolution of fever without the use of fever-reducing medications; AND
 - » Other symptoms have improved.



COUNTY OF LOS ANGELES
Public Health

- Persons with COVID-19 who are *asymptomatic* may discontinue isolation when:
 - » At least **10 days** have passed since the date of the first positive COVID-19 test.
- Medical clearance
 - » Employees will turn their medical clearance into Physician Services or complete a return-to-work self certification.
 - » Student will turn their medical clearance or other district approved clearance, into the school site.
- Identify close contacts, quarantine and exclude exposed contacts; could be entire cohort for 10 days after the last date the case was present at school while infectious.
- Recommend testing of contacts, prioritize symptomatic contacts.
- Disinfection and cleaning of classroom and primary spaces where case spent significant time.
- Students and employees that are identified to have an exposure to the case are notified by the site through a letter or other communication strategies.

Staff or student tests negative after symptoms:

- Staff or student may return to school 24 hours after symptoms resolve.
- School/classroom remains open.

Criteria for closing a school

The California Department of Public Health recommends individual school closure based on the number of cases, the percentage of the teacher/student/staff population that are positive for COVID-19, and following consultation with the Local Health Officer. Individual school closure may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of teacher/student/staff cases are within a 14-day period, depending on the size and physical layout of the school.

The Local Health Officer (Long Beach Health Department) may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

Reopening a school for in-person learning

Schools may typically reopen after 10 to 14 days and the following has occurred:

- Cleaning and disinfection
- Public health investigation
- Consultation with the local public health department

Criteria for closing a school district

The California Department of Public Health recommends that a superintendent should close a school district if 25 percent or more of schools in a district have closed due to COVID-19 within 14 days, and in consultation with the local health department.

Reopening a school district for in-person learning

Districts may typically reopen after 10 to 14 days, in consultation with the local health department.

*These action guidelines may change in accordance with recommendations from CDPH and the local county health officer.



Facility Cleaning and Sanitization Protocols

The safety of employees and students of the Long Beach Unified School District is our first priority. Prior to students and employees returning, all schools have been deep cleaned and completely disinfected. LBUUSD will continue to follow all necessary safety precautions. In addition to the deep cleaning of all offices and classrooms the cleaning steps outlined below will be followed on a routine basis:

Cleaning is the physical process of removing dirt, germs, viruses and bacteria, typically using soap and water. While cleaning doesn't necessarily kill germs, by removing them from surfaces and objects, including hands, the risk of spreading infection is reduced.

Disinfecting uses chemicals to kill germs. While disinfecting doesn't necessarily clean dirty surfaces or remove germs, it kills germs and can lower the risk of spreading infection.

Sanitizing is removing and lowering numbers of germs to a safe level, as judged by public health standards.

Daily Cleaning and Disinfection of the following surfaces/areas:

- Horizontal and high touch surfaces
- Door handles
- Handrails
- Restrooms
- Light switches
- Common areas
- Elevators
- Nutrition Services areas

Daily Cleaning and Sanitizing of:

- Classrooms
- Offices
- Hallways



Handwashing

Handwashing is strongly encouraged as one of the most effective ways to prevent the spread of any biological pathogen, including COVID-19.

- Wash hands thoroughly with soap and water for at least 20 seconds.
- Thoroughly dry hands.

Drinking Stations

- Students are encouraged to bring their own reusable water bottles and to use environmentally friendly alternatives to disposable water bottles.

Indoor Air Quality

LBUSD is ensuring that proper preventive maintenance is being performed on all heating and air conditioning units and is changing filters on a regular basis.

- The Center for Disease Control recommends increasing air filtration as high as possible (target MERV 13) without diminishing air flow and enforcing the existing or revised indoor air quality plan.
- All new heating and air conditioning systems have been designed with MERV-16 (Minimum Efficiency Reporting Value) filters. These are the most efficient filters commonly available for institutional systems.





Instructional Programs

Quality instruction and a commitment to equity for all students continues to be a focus for LBUSD educational programs. We know that the needs of our students and families vary, which is why we have provided a variety of instructional program models.

Hybrid Learning

In a hybrid learning environment, students come to campus for part of their school day or week and learn from home for the other part of their school day or week. The Canvas learning management system will be used by teachers to provide additional content delivery or skill-practice opportunities.

Distance Learning (All Online/All Virtual)

In the event that state, county and local health guidelines restrict students from returning to campus for the Hybrid Learning model, students will participate in 100 percent distance learning. Students may also opt into this model for the entire school year. Students will use the Canvas learning management system, following the schedule for their grade level and taught by their regularly assigned teacher(s). LBUSD has prioritized providing students with “live” or synchronous instruction, where teachers will be teaching in real-time via a video conferencing application.

Independent Study (Elementary, Middle and High School)

At the secondary level, families can choose to have their student enroll in a 100 percent independent study program. This online option is a self-paced learning experience using the APEX Learning digital curriculum and supported by a district classroom teacher. For information on elementary independent study, contact your local school.



Health and Safety Enhancements in Hybrid Learning Settings

In this setting, students will return to on-campus instruction with increased health and safety enhancements outlined in this document under Health and Safety Protocols. The enhancements include:

- Face covering and personal protective equipment protocols
- Health screenings when arriving on campus
- Increased cleaning and sanitization protocols
- Social distancing protocols
- Designated supplies and protective equipment for students, staff and facilities
- Modified breaks/lunch (grab and go meals may continue)
- Student desks physically distanced
- Removal of non-essential classroom furniture
- COVID-19 testing and screening protocols



Hybrid Learning (Available Grades TK to 5)

In this instructional model, students will attend school in person for about 2.5 hours each day, five days per week. During this time, students will receive direct and guided instruction from their classroom teachers during a morning or afternoon session in the areas of English, math, social studies and science. Teachers will also prepare students for the extended learning and workshop activities in which they will participate at home. While at home, students will complete independent work on a flexible schedule.

TK to Fifth Grade <u>Sample</u> Schedule Option	
Option	Hybrid 50% At School, 50% Distance Learning At Home
Teacher Instruction	Teacher Instruction at School* 8:00-10:30 or 11:30-2:00 Direct and guided instruction in English, math, social studies, and science *Late start schools add one hour to start and end times.
Supplemental Tasks	Independent Work: Home Flexible Time Independent work; supplemental English and math tasks; research/inquiry

Distance Learning (Available Grades TK to 5)

In this instructional model, students will participate in a five-hour instructional day from home, five days per week. For about half of this time, students will receive live direct and guided instruction

from their classroom teacher through a virtual platform (such as Zoom) in the areas of English, math, social studies and science. While students will have direct access to their teacher throughout this time, they will complete tasks in their textbooks and workbooks at home in addition to some work on their computers. Teachers also will prepare students for the extended learning and workshop activities in which they will participate for the second half of the day. These activities could include offline supplemental English or math tasks, online programs (such as ST Math, Core5), collaborative tasks with peers, and independent work including research and inquiry projects. This extended learning time will be the jumping off point to classroom instruction with the teacher the following day. Teachers will also provide instruction to small groups of students, as needed.

TK to Fifth Grade <u>Sample</u> Schedule Option	
Option	Full Day At Home 100% Distance Learning
Teacher Instruction	Teacher Whole-Group Instruction* 8:00-10:30 or 11:30-2:00 Direct and guided instruction in English, math, social studies, and science *Late start schools add one hour to start and end times.
Supplemental Tasks	Independent Work: Home Flexible Time Independent work; supplemental English and math tasks; research/inquiry

Middle School Models and Schedules

Hybrid A/B Schedule with Virtual Mondays

In the hybrid A/B model, students in grades 6 to 8 will attend school through a combination of in-person and distance learning. Students will have one synchronous day, two in-person days and two asynchronous days weekly. Schools will follow an A/B schedule for in-person instruction. Students in the A Group will attend school in-person every Tuesday and Thursday and have asynchronous work on Wednesday and Friday. Students in the B Group will attend school in-person every Wednesday and Friday and have asynchronous work on Tuesdays and Thursdays. Every Monday, excluding holidays, all hybrid students will participate virtually for a full day of live, synchronous instruction. The virtual Monday maintains online learning, provides an additional day of synchronous instruction and allows for weekly deep-cleaning of the school campus. During the in-person sessions, students will wear masks and be in a modified setting, physically distanced.

The average class size will be approximately 16 students, and the instruction will focus on the essential learning standards for each course. On the alternating distance learning days, students will be provided asynchronous lessons and will be expected to complete independent work at home in preparation for their subsequent class sessions. With the hybrid model, students will take a minimum of six courses that follow the district-adopted curriculum.

Middle School <u>Sample</u> Hybrid Schedule			
Option #1 Hybrid A/B Schedule with Virtual Mondays			
Time	Virtual Monday	Tues/Thurs A Day	Wed/Fri B Day
9:00-9:55	Period 1 All	Period 1A	Period 1B
10:05-11:00	Period 2 All	Period 2A	Period 2B
11:10-12:05	Period 3 All	Period 3A	Period 3B
12:05-12:35	Lunch (Multiple lunches at larger sites)		
12:35-1:30	Period 4 All	Period 4A	Period 4B
1:40-2:35	Period 5 All	Period 5A	Period 5B
2:45-3:40	Period 6 All	Period 6A	Period 6B

Middle School Sample All Virtual

Option #2 All Virtual At-Home Learning	
Time	Daily
9:00-9:50	Period 1
10:00-10:50	Period 2
11:00-11:55	Period 3
11:55-12:45	Lunch
12:45-1:35	Period 4
1:45-2:35	Period 5
2:45-3:35	Period 6

All Virtual, At-Home Learning

In the virtual, at-home learning model, students in grades 6 to 8 will attend school daily from approximately 9 a.m. to 3:40 p.m. in a virtual setting from home. Students in the All-Virtual model will have three synchronous days and two asynchronous days each week, following the A/B schedule. Students in the A Group will have live, synchronous instruction every Monday, Tuesday and Thursday and asynchronous work on Wednesday and Friday. Students in the B Group will have live, synchronous instruction every Monday, Wednesday and Friday and asynchronous work on Tuesday and Thursday. On synchronous days, students will receive live, synchronous instruction via Zoom while on asynchronous days, students will receive asynchronous lessons and will be expected to complete independent work at home in preparation for their subsequent class sessions. With the All-Virtual model, students will take a minimum of six courses that follow the district-adopted curriculum.

At-Home, Guided Independent Study

Description: In the independent study model, students in grades 6 to 8 will participate in a teacher-supported independent study program daily from 9 a.m. to 3:40 p.m. Students will take four online courses through APEX Learning. The online courses will include a full year of English Language Arts, a full year of mathematics, a year of history and a year of science (Note: 7th grade will have a semester of science and a semester of health). The model includes four class periods supplemented with 20 to 50 minutes of live daily instruction (check in, assignments, mini-lessons). Two additional class periods are dedicated to the independent work required within the APEX curriculum. Although the curriculum will be modified to accommodate live instruction and support, there will be opportunities for students to adjust the pace of the independent learning. This option works best for students who are self-motivated and have strong self-management skills. Note: Within this model, supplemental enrichment courses may be available to students.

Middle School Sample Independent Study Schedule	
Option #3 At-Home Independent Study	
Time	Daily (Note: Schedule may vary)
9:00-9:50	Period 1 APEX Course #1
10:00-10:50	Period 2 Independent Work
11:05-11:55	Period 3 APEX Course #2
11:55-12:45	Lunch
12:45-1:35	Period 4 APEX Course #3
1:45-2:35	Period 5 APEX Course #4
2:45-3:35	Period 6 Independent Work



High School Models and Schedules

Hybrid

Description: In the high school hybrid model, students will maintain their school's bell schedule. McBride, Millikan, Poly and Wilson students alternate odd and even days throughout the year. Students at Cabrillo, Jordan, Lakewood and Renaissance attend all classes on Mondays then alternating odd and even days Tuesday through Friday. Browning, CAMS and Sato alternate odd and even classes Monday through Thursday and attend all classes on Fridays.

By pathway, all students are split into A and B groups evenly. Each high school divided students evenly into these A and B groups to ensure there is an equal representation of all student populations. Students in groups A and B will alternate face-to-face and virtual instruction.

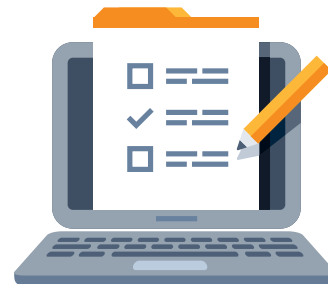
McBride, Millikan, Poly and Wilson will have their group A students attend two consecutive in-person days (odd then even class periods) while the B group students attend virtually then the groups switch after two days.

Cabrillo, Jordan, Lakewood, and Renaissance, students in groups A and B will alternate in-person and virtual instruction on Mondays. Group A students will attend in-person on Tuesdays and Wednesdays then attend virtually Thursdays and Fridays. Conversely, Group B students will attend virtually on Tuesdays and Wednesdays then attend in-person on Thursdays and Fridays.

Browning, CAMS and Sato students will alternate in-person and virtual classes on Fridays. Group A students will attend in-person on Mondays and Tuesdays then attend virtually on Wednesdays and Thursdays. Group B students will attend school virtually on Mondays and Tuesdays then in-person on Wednesdays and Thursdays.

High School <u>Sample</u> Hybrid		
Option #1 - In Person		
Block	A Group In Person B Group Virtual	B Group In Person A Group Virtual
Block 1/2	Period 1/2A	Period 1/2B
	Nutrition	Nutrition
Block 3/4	Period 3/4A	Period 3/4B
	Lunch	Lunch
Block 5/6	Period 5/6A	Period 5/6B
Block 7/8	Period 7/8A	Period 7/8B

High School <u>Sample</u> All Virtual	
Option #2 - All Virtual/Distance Learning	
Block 1/2	Distance Learning
	Nutrition
Block 3/4	Distance Learning
	Lunch
Block 5/6	Distance Learning
Block 7/8	Distance Learning





Special Education and Mental Health

Safety Considerations for Students with Disabilities

- Students with disabilities (SWD) will adhere to the guidelines previously outlined to maintain social distancing and follow safe practices as much as possible.
- Students with sensory/cognitive/behavioral needs will not be required to wear facial coverings. Parents and guardians should consult with their health care provider for advice about masks.
- Students who are deaf/hard of hearing will not be required to wear facial coverings, but will be required to wear a clear mask.
- School personnel will work closely with families of students who are immunocompromised to discuss specific needs prior to returning to school.

Considerations for Staff Working with Students with Disabilities

- Staff will be provided a face covering which is most conducive to addressing specific student needs.
- IEP services will be delivered while adhering to CDPH guidelines by wearing facial coverings, and/or the use of Personal Protective Equipment (PPE), such as: social distancing, increased hand washing, and sanitizing to the greatest extent possible.
- All staff who work with students who require more hands-on services such as diapering, catheterization, feeding, etc. will utilize both face coverings and gloves.

IEP Procedures

- “In Person” IEP meetings will be determined in conjunction with public health guidelines.
- All special education timelines resume on the day school reopens.
- IEP meetings will be held after instructional time of students.

Related Services

Related Service Providers will take data upon return to school to determine if regression has occurred in the area of each goal and objective. An IEP meeting may need to take place to recommend a change in goals and or services.

- Starting on the second week of school, all related services will resume to ensure the district is providing Free Appropriate Public Education.
- Occupational therapy, adapted physical education, physical therapy, and orientation and mobility may require additional planning to determine how to provide such services within public health guidelines.

- Related Service Providers will make every effort to provide services outside of direct instructional time.
- Special education students who receive Specialized Academic Instruction (SAI) will have services delivered to the maximum extent possible in alignment with the student's IEP.

Assessments

- All assessments that are late, partially completed, or not started due to the closure will be completed within the first 30-60 days of school to the greatest extent possible.
- If classroom observations need to occur as part of the assessment process for school psychologists or related service providers, safety procedures will be followed.
- Assessments will be conducted virtually to the extent possible under distance learning. In person assessments (with PPE) will commence when allowable by the California Department of Education and public health officials.

Mental Health & Social Emotional Well-Being

District and school staff are committed to supporting students' social emotional wellness and offering resources to ensure that students transition back to school smoothly. Support may include social emotional learning, building relationships, community-building activities and mindfulness and movement breaks.

Students currently enrolled at a Family Resource Center site can continue to access social, emotional and behavioral-health support. For more resources, go to Family Resource Centers in the A-Z index at lbschools.net.





Athletics and Extracurricular Activities

The California Interscholastic Federation (CIF) Sports Medicine Advisory Committee has developed a comprehensive document to help school districts prepare for their student athletes to return to athletic activities and program conditioning. Long Beach Unified School District will resume athletics adhering to the CIF guidelines. With guidance from the Long Beach Department of Health and Human Services, California Department of Health (CDPH), California Department of Education (CDE), and CIF, LBUSD determines the level and duration of each phase for a gradual full physical return to athletics and performing arts.



View updates at cifss.org.

Low-Risk Activities

- Color Guard
- Cross Country
- Golf
- Sideline Cheer/Dance/Song Tennis
- Track-Specific Events

Moderate-Risk Activities

- Baseball
- Basketball
- Lacrosse (Girls)
- Soccer
- Softball
- Volleyball
- Water Polo
- Track Specific Events

High-Risk Activities

- Choir
- Competitive Cheer/Dance/Song
- Lacrosse (Boys)
- Marching Band
- Wrestling
- Football
- Water Polo
- Track Specific Events

Phase 1

- 10 people > indoors
- 10 people > outdoors
- No locker rooms
- Six feet distance
- No athlete contact
- No shared equipment
- Pods of 5-10 students
- No vulnerable individuals involved

Phase 2

- 10 people > indoors
- 50 people > outdoors
- No locker rooms
- Six feet distance
- No athlete contact
- Shared equipment
- No vulnerable individuals involved

Phase 3

- 50 people > indoors/outdoors
- Locker rooms open (6-ft Apart)
- Three to six feet distance
- Athlete contact
- Shared equipment
- Vulnerable individuals social distance

Field trips may be suspended and schools may consider virtual field trips when possible. Assemblies, dances, athletic competitions and rallies may be suspended.



Appendix I

COVID-19 FAQs

What do I do if my child is experiencing COVID-19 symptoms while at home?

If your child is experiencing COVID-19 symptoms, please keep them home and contact their health care provider. Please contact your school to report the absence. A COVID-19 related absence is excused.

What if someone in our household tested positive for COVID-19?

If someone in your household tested positive for COVID-19 and is currently under isolation, your child should follow the guidelines from Long Beach Health and Human Services (LBHHS) on how long to quarantine and when to return to school.

What happens if a student demonstrates COVID-19 symptoms while at school?

If a student becomes ill during the school day, the following steps will be taken:

- The student will be taken to a CARE Room where temperature and symptoms will be evaluated. The student will remain in the room until they are picked up by a parent or guardian.
- The school site will work with the school district COVID-19 response team to coordinate with LBHHS regarding the suspected case and all confirmed cases on site.

What happens if a positive COVID-19 case occurs at a school?

For any positive COVID-19 case, the following protocol will be applied, in accordance with state and local laws and regulations. School administrators will notify the school district office designee with the following information:

- Name of person confirmed
- If known, date of potential exposure
- Date of test
- Last date on school site or district facility
- Names of individuals who had physical contact with an infected person or spent 15 minutes or more within six feet of distance

The school district office designee will coordinate a response with LBHHS. After receiving direction from LBHHS, the district designee will notify students, staff and families who have been potentially exposed to COVID-19 and provide health recommendations and guidance from LBHHS.

A positive COVID-19 case may lead a classroom, multiple classrooms or a school to return to distance learning for a period of time. Any closures will be determined by school district administration after consultations with LBHHS.

The classroom or impacted areas will receive extensive cleaning and sanitation following school district maintenance and operations guidelines.

How are others notified they were in contact with an individual who tested positive for COVID-19?

The school district works with LBHHS to determine close contacts and low-risk contacts. Individuals identified by LBHHS are contacted and given information regarding how long individuals must quarantine, steps to mitigate contracting the coronavirus, and which symptoms are associated with the virus.

All Health Insurance Portability and Accountability Act (HIPAA) notifications and guidelines for privacy are followed.



Appendix II

COVID-19 Scenario Chart

I just found out...

I'm COVID-19 positive

- Follow Home Isolation instruction
- Stay home, avoid infecting others

May return to school when:

- 24 hours with no fever (no use of fever-reducing medication)
- Other symptoms have improved
- At least 10 days have passed since symptoms first appeared
- For persons who never developed symptoms, isolation can be discontinued 10 days after date of testing positive

I've been exposed/had close contact with someone who is COVID-19 positive

- Follow Home Quarantine instruction
- Contact health care provider
- Get tested for COVID-19
- Self-monitor for COVID-19 symptoms

If test positive for COVID-19:

- Begin Home Isolation (see steps for COVID-19 positive)

May return to school when:

- Home Quarantine for 10 days from the last date of exposure
- If test negative for COVID-19, must still complete all 10 days of quarantine

I have been exposed/had close contact with someone who was exposed to COVID-19

Practice steps to stay healthy:

- Physical distance 6 feet
- Wear a face covering
- Wash hands often with soap and water for 20 seconds or use hand sanitizer with 60% alcohol
- Avoid touching eyes, nose and mouth

May return to school immediately

- No restrictions

Symptoms of COVID-19

- Fever 100.4 F or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headaches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell

Adapted from California School Nurses Organization: COVID-19 "Now What" Flow Chart



Appendix III

COVID-19 Screening Checklist

Before entering today, please answer the following self-screening questions:

1) Are you experiencing any of the following symptoms?

If you have one or more symptom(s) that may be related to COVID-19, or have taken a fever or cough reducing medicine, stay home and take care of yourself.

- Fever or Chills
- Cough
- Shortness of Breath or Difficulty Breathing
- Fatigue, Muscle or Body Aches
- New Loss of Smell or Taste
- Sore Throat
- Congestion or Runny Nose
- Nausea, Vomiting or Diarrhea

2) Have you had contact with someone diagnosed with COVID-19?

Employees who have been exposed due to close proximity (less than 6 feet & longer than 15 cumulative minutes) to someone must notify their supervisor and stay home.

3) Are you awaiting the results of a COVID-19 Test?

Employees who have tested for COVID-19 must stay home until they receive their results.